

## Queensland Ballet Online School Workshop Information Pack

Thank you for your interest in Queensland Ballet's (QB) Online School Workshops. Putting the fun into the fundamentals of ballet, our Education Teaching Artists virtually visit your school to deliver safe, educative and inclusive dance experiences.

Created and tested with children at the heart, QB's Online School Workshops are rigorously designed with the Australian Curriculum – The Arts Learning Area: Dance Subject, Senior Dance Syllabus and Early Years Learning Framework in mind, ensuring all workshops complement the teaching and learning taking place in the classroom.

All repertoire and contextual information has been adapted and tailored to accommodate the diverse learning needs and experience levels of students in different year levels.

### About QB's Online School Workshops

QB's Online School Workshop packages can be rented online for a period of three months, are pre-recorded and hosted on Vimeo. Each package contains three parts:

- Workshop video/s
- Pre and post workshop resource/s
- Livestream Q&A with a QB Education Teaching Artist

#### Workshop video/s

The workshop video/s includes the selected 30-45 minute workshop video/s and a 5 minute introductory video. The videos have been structured to enable student participation under the guidance of their classroom teacher. Featuring a combination of follow-along exercises, photos from QB productions, learning of repertoire, small group activities and choreographic tasks; instructions on how to participate in each section are clearly outlined through both visual and verbal cues. Depending on each school/kindergarten schedule, QB recommends completing the workshop video/s over a couple of lessons to allow time to complete group activities, discussions and reflection questions.

With every workshop package, an introductory video is included. This video details vital information for students about safe dance practice and what to expect in the workshop video. There are also behind-the-scenes snippets to provide an insight into QB and the wonderful world of ballet.

#### Pre and Post workshop resource

The pre and post workshop resource is a document that provides teachers with suggested pre and post workshop activities to enhance student engagement and understanding. This resource will be emailed to all schools once a package has been purchased.

#### Livestream Q&A

The livestream Q&A is a 30-minute experience that provides a personal interaction between QB and the school/kindergarten. The Q&A is with a member of QB's Education Team and the school/kindergarten can choose whether this experience is catered to teachers and/or students. The content of the Q&A should be targeted to the selected school workshop and can further provide teachers and students with industry insight. The preferred platform and details for the Q&A will be discussed

individually with each school/kindergarten. Please note that there is one Q&A included with each package purchased.

## **Workshops Available**

Listed below is information about the workshops currently available for schools/kindergartens to purchase separately or combined in packages:

### **Ballet Moves**

Kindergarten, Prep - Year 1

Bringing a narrative to life.

*Movement concepts are introduced in a playful and creative way through the exploration of QB's Peter and the Wolf, igniting imaginations and bringing the narrative to life*

#### **Australian Curriculum Content Descriptions**

##### **The Arts - Dance**

- Explore, improvise and organise ideas to make dance sequences using the elements of dance.
- Use fundamental movement skills to develop technical skills when practising dance sequences.
- Present dance that communicates ideas to an audience, including dance used by cultural groups in the community.

##### **Health and Physical Education**

- Practise fundamental movement skills and movement sequences using different body parts.
- Incorporate elements of effort, space, time, objects and people in performing simple movement sequences.

##### **Early Years Learning Framework Outcomes**

- Outcome 3: Children have a strong sense of wellbeing
- Outcome 4: Children are confident and involved learners
- Outcome 5: Children are effective communicators

### **Moving to Learn**

Year 2 - 4

Learning the basics of coding through dance.

*Based on instructional and directional language, this creative dance workshop explores the connection between how we can program a robot to move and how we can instruct or choreograph our bodies to move in specific ways. Students will be challenged and engaged in this interactive dance and STEAM workshop where pathways, directions, shape and dimension will be explored.*

#### **Australian Curriculum Content Descriptions**

##### **The Arts - Dance**

- Improvise and structure movement ideas for dance sequences using the elements of dance and choreographic devices.
- Practice technical skills safely in fundamental movements.

##### **Health and Physical Education**

- Practise fundamental movement skills and movement sequences using different body parts.
- Incorporate elements of effort, space, time, objects and people in performing simple movement sequences.

### **The Nutcracker Repertoire**

Years 5 – 6

Exploring cultures through dance.

*The Nutcracker is a famous production performed by ballet companies around the world. Its festive storyline, dance artistry, choreography, music and the popular and much-loved ballet, The Nutcracker, transports audiences around the world. In this workshop students will learn two sections of adapted repertoire from Ben Stevenson's The Nutcracker to experience cultural dance and how the elements of dance are used to define this.*

#### **Australian Curriculum Content Descriptions**

##### **The Arts - Dance**

- Explore movement and choreographic devices using the elements of dance to choreograph dances that communicate meaning.

- Develop technical and expressive skills in fundamental movements including body control, accuracy, alignment, strength, balance and coordination.
- Perform dance using expressive skills to communicate a choreographer's ideas, including performing dances of cultural groups in the community.
- Explain how the elements of dance and production elements communicate meaning by comparing dances from different social, cultural and historical contexts, including Aboriginal and Torres Strait Islander dance.

## **Ballet History and Technique**

Year 7 - 9

The ideal introductory ballet workshop.

*The history and evolution of ballet will be incorporated into the teaching of this ballet technique class, adapted for various levels or experience. Students will build on their technique and ballet vocabulary throughout the class to culminate in the learning of three pieces of adapted repertoire from different eras.*

### **Australian Curriculum Content Descriptions**

#### **The Arts - Dance**

- Practise and refine technical skills in style-specific techniques.
- Rehearse and perform focusing on expressive skills, appropriate to style and/or choreographic intent.
- Analyse how choreographers use elements of dance and production elements to communicate intent.
- Perform dances using ballet specific techniques and expressive skills to communicate a choreographer's intent.
- Evaluate their own choreography and performance, and that of others to inform and refine future work.

## **Choreographic and Movement Analysis**

Year 10 - 12

Unpack the detail behind creation.

*Students will explore choreographic intent through the analysis of both traditional classical ballet literal storytelling and modern ballet abstract portrayal. Students will learn a piece of repertoire and then create their own movement sequence based on stimulus from QB productions.*

### **Australian Curriculum Content Descriptions**

#### **The Arts - Dance**

- Improvise to find new movement possibilities and explore personal style by combining elements of dance.
- Manipulate combinations of the elements of dance and choreographic devices to communicate their choreographic intent.
- Practise and refine technical skills to develop proficiency in genre- and style-specific techniques.
- Evaluate their own choreography and performance, and that of others to inform and refine future work.
- Perform dances using genre- and style-specific techniques and expressive skills to communicate a choreographer's intent.

### **Queensland Senior Secondary Syllabus**

#### **Dance General Senior Syllabus**

- Unit 1: Moving Bodies
- Unit 3: Moving Statements

#### **Dance in Practice Applied Senior Syllabus**

- Core topic 2: Dance performance
- Core topic 2: Dance production
- Core topic 3 Dance literacies

## Costs and Packages

Once purchased, QB's Online School Workshop package will be available for a period of 3 months. The school/kindergarten has unlimited access to the online videos and resources during this time. As per the Terms and Conditions, the unique access password is only for use within the school/kindergarten that purchased the workshop package and must not be shared.

Package	Number of Workshops Included	Flat Fee (Incl. GST, transaction and platform fees)
Package 1	1 Workshop <i>Single workshop chosen by the school or teacher at time of purchase.</i>	\$175 flat fee.
Package 2 - Primary	2 Workshops <i>Includes Moving to Learn and The Nutcracker Repertoire workshops.</i>	\$325 flat fee
Package 3 - Primary	3 Workshops <i>Includes Ballet Moves, Moving to Learn and The Nutcracker Repertoire workshops.</i>	\$440 flat fee
Package 4 - Secondary	2 Workshops <i>Includes Ballet History &amp; Technique and Ballet Creation &amp; Analysis workshops.</i>	\$325 flat fee

### Package inclusions:

1. Workshop videos – based on the package and pricing structure above, the school/kindergarten can choose the workshop/s they would like included.
2. Pre and post workshop resource – one resource per workshop will be included in the package.
3. Livestream Q&A - there is only one livestream Q&A included with each package purchased.

### How to Purchase a QB Online School Workshop Package

Purchasing an online school workshop package is a simple three-step process:

1. Enter your details in the registration form on QB's Online School Workshop webpage, accessible [HERE>>](#)
2. Once your registration form is submitted, you will be re-directed to QB's purchase platform to finalise your workshop package.
3. After you have purchased a school workshop package, a member of QB's Education team will email you the pre & post workshop resource/s and begin arranging your school's livestream Q&A.

If you have any issues with purchasing an online school workshop package, please email or call QB's Education Manager at [mgodber@queenslandballet.com.au](mailto:mgodber@queenslandballet.com.au) or 07 3013 6666.

## Education Teaching Artists

The workshops are delivered by QB's Education Teaching Artists, a team of highly trained dance professionals who are of an exceptional standard, many of whom have either come through QB's training programs or are former dancers with the Company.

## Child Safety

QB provides an open, welcoming and safe environment for all children during our experiences. We do this by being:

- Understanding of the needs of children;
- Preventative rather than reactive;
- Well-positioned to minimise risk to children; and
- Each QB Education Teaching Artist has a current blue card.

Whilst QB's Online School Workshops model is delivered by a pre-recorded video, the content has been created to promote child safety with delivery always being led and supported by classroom teachers and teacher aides.

### **Participants and Supervision Guidelines**

Participation and supervision of students engaging in QB's Online School Workshops must adhere to the following guidelines:

#### **Participant numbers:**

- Each student requires 2m<sup>2</sup> of space to participate in the workshop safely
- Space permitting, the maximum number of students participating in the workshop should be as follows:
  - 20 childcare centre and kindergarten students
  - 60 primary school students
  - 30 high school students

#### **Supervision:**

- To ensure safe participation and positive engagement, it is expected that one teacher and at least one additional supervisor is assigned for:
  - Every 20 childcare centre and kindergarten students
  - Every 30 primary and high school students

#### **Safe dance practice and venue requirements:**

- Students must watch the introductory video prior to engaging with the workshop video to ensure safe and positive participation
- Schools/kindergartens must provide a large open space (preferably with a sprung floor)
- The space must be clear of obstacles and objects
- The space has smooth and uninterrupted surfaces (that is, no nails or splinters)
- The space must have access to digital technologies to ensure students can see and hear the workshop videos for safe participation
- The space must have minimal distractions to ensure safe participation
- The space has enough room for students to move simultaneously without touching and be able to travel across the area, understanding the concept of moving through the space.

Please note that whilst QB's Online School Workshops are designed to be inclusive and accessible, we cannot guarantee that the content will suit the needs of every child. QB recommends engaging a teacher aide, who can adapt content appropriately, to participate alongside children with additional needs.

### **Emergency and Incidents**

The school / kindergarten will be responsible for any incidents or emergencies and general behaviour during participation in all workshop/s consistent with the school's / kindergarten's policies.

### **What to Wear**

Students should wear comfortable, easy to move-in clothes (skirts/dresses are not appropriate). We encourage students to wear ballet shoes if they have these, otherwise bare feet or socks are acceptable. No participant is required or allowed to wear pointe shoes.

Students should bring a water bottle and turn off their mobile phones.

### **Publicity, Photography and Recording**

QB kindly requests that any publicity or media concerning a QB engagement requires the prior approval from the QB Education Manager.

Video recording will not be permitted throughout the experience; however, schools or kindergartens are able to photograph their students during the workshop as per the school's/kindergarten's media policy. If QB takes photographs or video recordings, the school or kindergarten will be provided with Project Consent Forms prior to any recording taking place.

## **Contact Us**

For more information about QB's Online School Workshop program, how QB supports students and teachers or to discuss ways to get involved with us, contact:

Queensland Ballet  
PO Box 3791, South Brisbane, QLD 4101  
Telephone: (07) 3013 6666  
Email: [community@queenslandballet.com.au](mailto:community@queenslandballet.com.au)

*At the time of distribution, all information in this document is correct. If amendments to the program are made in any way, the website will be updated in the first instance. All necessary updates will also be communicated to applicants at the earliest convenience.*