

Video Audition Guidelines

The Academy of Queensland Ballet is committed to using the following endorsed [International Audition Pre-Selection Guidelines](#).

VIDEO AUDITION SPECIFICATIONS

To submit a valid video audition, please ensure the following:

- A clear and good quality audio-visual recording (this does not have to be professionally filmed or edited) that is 15 minutes in length (maximum).
- Feature recently recorded material filmed as close to the submission date as possible and no more than four months prior.
- Practical demonstration of the material requested below, specific to the training program of which the registrant is auditioning.
- Digital file saved on a sharable platform (YouTube and Vimeo preferred) and titled with registrant's full name plus the month and year of submission (i.e. Jane Smith—June 2026).

FILMING TIPS

- Film in a well-lit space with light preferably avoiding a bright background behind the dancer.
- Use a tripod and/or stand to ensure a clear and stable image.
- Film from an angle that best compliments the dancer (i.e. 45-degree angle).
- Ensure that the dancer's full body length is always visible (not limiting the view of the arms, feet, or head) with the camera focused at waist height.

SECTION ONE: PHYSICAL ASSESSMENT SPINE ALIGNMENT

All Programs (Clark Graduate Program, Academy Program, Associate Program, and Associate Program+)

To demonstrate spine alignment, please stand with your back to the camera, feet slightly apart in parallel and legs straight. Slowly roll down halfway until head is approximately in line with the pelvis, then slowly roll back up to straight. Knees may soften slightly but tailbone is to remain pointed toward the floor. Please also wear trackpants or warm-up pants for this exercise.

ADDITIONAL WARM UP EXERCISE

All Programs (Clark Graduate Program, Academy Program, Associate Program, and Associate Program+)

Please refer to the linked [audition warm up exercise video](#). The filmed warm up needs to consist of the same order and material as demonstrated in the video.

SECTION TWO: BALLET BARRE

Please see below for program specific details about barre work requirements. This should be demonstrated in fitted ballet attire only with no additional clothing to be worn (i.e. skirts). For Academy, Associate, and Associate Program+ applicants, this is to be completed in soft ballet

shoes. For Clark Graduate Program applicants, there is the option to demonstrate this en pointe for ladies.

Program	Guideline	Content
Clark Graduate Program	3 to 7 minutes of barre work, incorporating both sides.	Registrant's own choice of material
Academy, Associate, and Associate Program+	3 to 5 minutes of barre work, incorporating both sides.	Pliés
		Battements Tendus
		Adagio
		Grands Battements

SECTION THREE: CENTRE PRACTICE

Please see below for program specific details about barre work requirements. This should be demonstrated in fitted ballet attire with no additional clothing to be worn (i.e. skirts). For Academy, Associate, and Associate Program+ applicants, this is to be completed in soft ballet shoes. For Clark Graduate Program applicants, this must be demonstrated en pointe for ladies.

PROGRAM	GUIDELINE	CONTENT
Clark Graduate Program	3 to 7 minutes of centre work, incorporating both sides.	Adagio Pirouettes Petit Allegro Grand Allegro
Academy Program (Levels 3 to 1)	3 to 5 minutes of centre work, incorporating both sides.	Adagio Pirouettes Petit Allegro Grand Allegro
	Ladies	
	<i>Level 3 / Academic Year 10</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Pas échappé en tournant in II and IV positions (1/4 turn) - Assemblé soutenu en tournant en dehors and en dedans with 1/2 and full turn - Sissonne ouverte on 45° - Relevé on single leg (working leg sur le cou-de-pied or at 45°) - Pas coupé ballonné de coté (à la seconde) - Préparation for pirouette sur le cou-de-pied en dehors and en dedans from V and IV positions - Pas couru and pas de bourrée suivi in all directions - Tours chaînés
	<i>Level 2 to 1 / Academic Years 11 to 12</i>	Building on the required material for Level 3 (above), demonstrate 3 to 4 advance age-appropriate pointe exercises.
	Men	

	<i>Level 2 to 1 / Academic Years 11 to 12</i>	Double tour combination, plus an advanced age-appropriate batterie combination.
Associate Program (Levels 6 to 4)	3 to 5 minutes of centre work, incorporating both sides.	Adagio
		Pirouettes
		Petit Allegro
		Grand Allegro
	Ladies	
	<i>Level 6 / Academic Year 7</i>	No pointe work required
	<i>Level 5 / Academic Year 8</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Relevé - Pas échappé - Pas de bourrée with change of feet - Bourrée suivi in V position on place and with travel
	<i>Level 4 / Academic Year 9</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Relevé - Pas échappé in II and IV (position croisé and effacé) - Sissonne simple en face and épaulement - Détourné in V position from croisé to croisé - Pas de bourrée with change of feet - Bourrée suivi in V position on place and with travel
Men		
Please include an additional age-appropriate enchainment of choice.		
Associate Program+ (Levels 7 to 1)	3 to 5 minutes of centre work, incorporating both sides.	Adagio
		Pirouettes
		Petit Allegro
		Grand Allegro
	Ladies	
	<i>Level 7 / Academic Year 6</i> <i>Level 6 / Academic Year 7</i>	No pointe work required
	<i>Level 5 / Academic Year 8</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Relevé - Pas échappé - Pas de bourrée with change of feet - Bourrée suivi in V position on place and with travel
	<i>Level 4 / Academic Year 9</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Relevé - Pas échappé in II and IV (position croisé and effacé) - Sissonne simple en face and épaulement - Détourné in V position from

		croisé to croisé - Pas de bourrée with change of feet - Bourrée suivi in V position on place and with travel
	<i>Level 3 / Academic Year 10</i> 2 to 3 simple pointe combinations incorporating the exercises listed.	- Pas échappé en tournant in II and IV positions (1/4 turn) - Assemblé soutenu en tournant en dehors and en dedans with 1/2 and full turn - Sissonne ouverte on 45° - Relevé on single leg (working leg sur le cou-de-pied or at 45°) - Pas coupé ballonné de coté (à la seconde) - Préparation for pirouette sur le cou-de-pied en dehors and en dedans from V and IV positions - Pas couru and pas de bourrée suivi in all directions - Tours chaînés
	<i>Level 2 to 1 / Academic Years 11 to 12</i>	Building on the required material for Level 3 (above), demonstrate 3 to 4 advance age-appropriate pointe exercises.
	Men	
	<i>Level 2 to 1 / Academic Years 11 to 12</i>	Double tour combination, plus an advanced age-appropriate batterie combination.

SECTION FOUR: VARIATIONS OR EXTRA MATERIAL (OPTIONAL)

The following details are an optional inclusion for those auditioning for the Clark Graduate Program and the Academy Program (Levels 3 to 1). A tutu, skirt, or costume may be worn for the classical variation. Black tights may also be worn for the contemporary variation.

Program	Guideline	Content
Clark Graduate Program	3 to 6 minutes of a classical and/or contemporary variation	A short classical variation en pointe of the registrant's choice drawn from the standard traditional repertoire.
		A short contemporary variation (that could consist of something drawn from repertoire, phrases from classwork, or an applicant-created work) that illustrates the registrant's command or a range of movement different from that demonstrated in the classical variation. En pointe optional for ladies.

Academy Program (Levels 3 to 1)	3 to 5 minutes of a classical and/or contemporary variation	A short classical variation of the registrant's choice drawn from the standard traditional repertoire.
		A short contemporary variation (that could consist of something drawn from repertoire, phrases from classwork, or an applicant-created work) that illustrates the registrant's command or a range of movement different from that demonstrated in the classical variation.

ADDITIONAL NOTES

- The video audition is an integral part of the online audition and cannot be emailed separately.
- Registering for a video audition is the first stage in the application process and registrants may be asked to attend a live audition class (online or in-person) before being made an offer.
- Video footage should be recent and show the registrant's current ability. It is not suitable, for example, to submit footage filmed last year or in previous auditions and/or events.
- Additional material may be requested from registrants prior to an offer being made.
- If applicable, please also ensure correct passwords are provided for video links.