

Queensland Ballet Academy

KELVIN GROVE STATE COLLEGE

Queensland Ballet Academy 2025 International Video Auditions Guidelines for the Upper School Contemporary Course

Queensland Ballet Academy is committed to using the following endorsed International Audition Pre-selection Guidelines.

Please note that additional material may be requested from applicants prior to offers being made.

Video Audition Specifications

To submit a valid video audition, ensure your video:

- Is a clear, good quality audio / visual recording (does not need to be professionally filmed / edited).
- Is no more than 15 minutes in total length.
- Contains recently recorded material, filmed as close to the submission date as possible and no more than four months prior.
- Contains practical demonstration of the material requested in each of the four sections below.
- Is saved as a digital file and clearly titled with your full name and the month and year of submission. (eg. Jane Smith Audition - June 2024).
- Is submitted as a digital link (eg. Vimeo or YouTube), directly into your audition registration form.

Filming Tips

- Use a tripod or stand to ensure a clear, stable image.
- Film in well-lit space, however, avoid a bright background behind the dancer.
- Ensure the dancer's full length is always visible (camera focused at waist height).
- Film from a 45° angle, similar to the image below.

Section One: Physical Assessment

Spine Alignment

To demonstrate spine alignment - with your back to the camera, standing in parallel with feet slightly apart and legs straight, slowly roll down halfway until head is about in line with pelvis, and then slowly roll back up. Knees may soften slightly and tail bone to remain pointing towards floor. Please wear track pants or warm up pants for this exercise.

Audition Warm up Exercise

Please refer to the audition warm up exercise video found at the link [here](#). The filmed warm up needs to consist of the same order and material as demonstrated in the video.

Queensland Ballet Academy

KELVIN GROVE STATE COLLEGE

Queensland Ballet Academy 2025 International Video Auditions Guidelines for the Upper School Contemporary Course

Section Two: Ballet Barre

Guidelines	Content
3 - 5 minutes Incorporating both sides Demonstrated in fitted ballet attire (no skirts) Demonstrated in soft ballet shoes	Pliés
	Battements tendus
	Adagio
	Grand battements

Section Three: Centre Practice

Guidelines	Content
3 - 5 minutes Incorporating both sides Demonstrated in fitted ballet attire (no skirts) Demonstrated in soft ballet shoes	Adagio
	Pirouettes
	Petit allegro
	Grand allegro
Ladies	<p>Building on required material listed below, demonstrate 3-4 advanced age-appropriate pointe exercises.</p> <ul style="list-style-type: none"> • Pas échappé en tournant in II and IV positions (1/4 turn) • Assemblé soutenu en tournant en dehors and en dedans with 1/2 and full turn • Sissonne ouverte on 45° • Relevé on single leg (working leg sur le cou-de-pied or at 45°) • Pas coupé ballonné de côté (à la seconde) • Préparation for pirouette sur le cou-de-pied en dehors and en dedans from V and IV positions • Pas couru and pas de bourrée suivi in all directions • Tours chaînés
Men	<ul style="list-style-type: none"> • Double tour combination for men

Section Four: Contemporary Variation

Guidelines	Content
3 - 5 minutes Fitted clothing to be worn	Short contemporary variation (that could consist of something drawn from repertoire, phrases from classwork or an applicant-created work) that illustrates the applicant's range of movement, use of weight, flow and coordination.

Queensland Ballet **Academy**

KELVIN GROVE STATE COLLEGE

Queensland Ballet Academy 2025 International Video Auditions Guidelines for the Upper School Contemporary Course

Additional Notes

- Your video audition must form part of your online audition registration and must not be emailed separately.
- For the audition panel to make a final decision, you may also be asked to attend a class online or in person.
- Video footage should be recent, showing the applicants current ability. For example, it is not suitable to submit footage filmed last year or in previous auditions/events.
- Please note that additional material may be requested from applicants prior to offers being made.
- Please ensure you provide the correct password if applicable.