

### Queensland Ballet Academy 2024 International Video Auditions Guidelines for the Upper School Level 1 Contemporary Course

Queensland Ballet Academy is committed to using the following endorsed International Audition Preselection Guidelines.

Please note that additional material may be requested from applicants prior to offers being made.

#### **Video Audition Specifications**

To submit a valid video audition, ensure your video:

- Is a clear, good quality audio / visual recording (does not need to be professionally filmed / edited).
- Is no more than 15 minutes in total length.
- Contains recently recorded material, filmed as close to the submission date as possible and no more than four months prior.
- Contains practical demonstration of the material requested in each of the four sections below.
- Is saved as a digital file and clearly titled with your full name and the month and year of submission. (eg. Jane Smith Audition June 2021).
- Is submitted as a digital link (eg. Vimeo or YouTube), directly into your audition registration form.

#### **Filming Tips**

- Use a tripod or stand to ensure a clear, stable image.
- Film in well-lit space, however, avoid a bright background behind the dancer.
- Ensure the dancer's full length is always visible (camera focused at waist height).
- Film from a 45° angle, similar to the image below.

# Section One: Physical Assessment Spine Alignment

To demonstrate spine alignment - with your back to the camera, standing in parallel with feet slightly apart and legs straight, slowly roll down halfway until head is about in line with pelvis, and then slowly roll back up. Knees may soften slightly and tail bone to remain pointing towards floor. Please wear track pants or warm up pants for this exercise.

#### **Audition Warm up Exercise**

Please refer to the audition warm up exercise video found on our <u>auditions webpage</u>. The filmed warm up needs to consist of the same order and material as demonstrated in the video.



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**Section Two: Ballet Barre** 

Guidelines	Content
3 - 5 minutes Incorporating both sides	Pliés
Demonstrated in fitted ballet attire (no skirts)Demonstrated in soft ballet shoes	Battements tendus
	Adagio
	Grand battements

**Section Three: Centre Practice** 

Guidelines	Content
3 - 5 minutes Incorporating both sides	Adagio
Demonstrated in fitted ballet attire (no	Pirouettes
skirts)Demonstrated in soft ballet	Petit allegro
shoes	Grand allegro
Ladies	Building on required material listed below, demonstrate 3-4 advanced age-appropriate pointe exercises.
	<ul> <li>Pas échappé en tournant in II and IV positions (1/4 turn)</li> <li>Assemblé soutenu en tournant en dehors and en dedans with 1/2 and full turn</li> <li>Sissonne ouverte on 45°</li> <li>Relevé on single leg (working leg sur le cou-de-pied or at 45°)</li> <li>Pas coupé ballonné de coté (à la seconde)</li> <li>Préparation for pirouette sur le cou-de-pied en dehors and en dedans from V and IV positions</li> <li>Pas couru and pas de bourrée suivi in all directions</li> <li>Tours chaînés</li> </ul>
Men	Double tour combination for men

**Section Four: Contemporary Variation** 

Guidelines	Content
3 - 5 minutes	Short contemporary variation (that could consist of something
Fitted clothing to be worn	drawn from repertoire, phrases from classwork or an applicant-
	created work) that illustrates the applicant's range of movement,
	use of weight, flow and coordination.



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#### **Additional Notes**

- Your video audition must form part of your online audition registration and must not be emailed separately.
- For the audition panel to make a final decision, you may also be asked to attend a class online or in person.
- Video footage should be recent, showing the applicants current ability. For example, it is not suitable to submit footage filmed last year or in previous auditions/events.
- Please note that additional material may be requested from applicants prior to offers being made.
- Please ensure you provide the correct password if applicable.